

Health Care Sharing Memberships for Individuals & Families

Our most popular program. A wide range of services designed to enhance wellness while sharing the essentials.

OneShare Membership is not health insurance. It is an opportunity to share each member's medical expenses and demonstrate the love of God to the entire community.

"Carry each other's burdens, and in this way you will fulfill the law of Christ."

Galatians 6:2 (NIV)

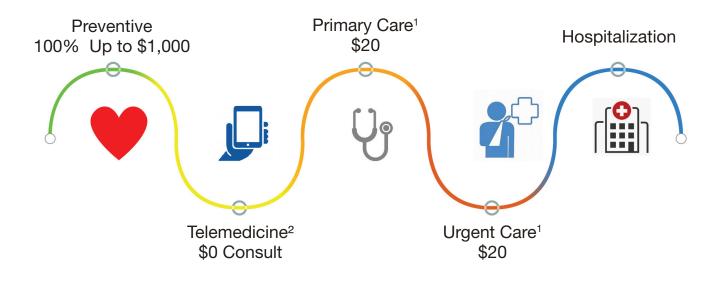




OneShare Health is committed to providing you the most comprehensive, affordable, and flexible Membership to best fit your needs.

"God is our refuge and strength, an everpresent help in trouble."

Psalm 46:1 (NIV)



~	Provider Network	OneShare Health provides you access to one of the largest Provider Networks in the nation with over 1 million providers.
~	Health Care Sharing Eligibility	Your sharing includes services such as primary care, specialists, urgent care, hospitals and more!
~	Telemedicine ²	Talk to a doctor 24/7 for your acute care needs and even get a prescription if medically appropriate.

Membership Discount Services³

✓ Prescription Discount Services	You have access to over 60,000 pharmacies. Show them your card and receive 15% to 80% savings on generic drugs and 15% - 25% on brand name drugs.
✓ Vision Discount Services	Save 20% - 40% off the retail price of eyewear with the EyeMed Vision Care Access Plan D discount program. Discounts on exams, eyewear, and contact lenses from more than 65,000 providers nationwide. Save 40%-50% on LASIK.
✓ Dental Discount Services	Save 20% - 60% on most dental procedures including routine oral exams, unlimited cleanings, and major work such as root canals, crowns and dentures. 20% savings on orthodontics and more!
✓ Diabetic Discount Supplies	Save 20% - 40% off retail price for disposable medical supplies.

Number of visits vary by Program selection. Telemedicine is not owned or operated by OneShare Health, LLC, but made available to OneShare Members by DialCare. THE CAREINGTON DISCOUNT PLAN IS NOT INSURANCE and is not intended to replace health insurance. This plan does not meet the minimum creditable coverage requirements under M.G.L.d.111M and 956 CMR 5.00. This plan is not a Qualified Health Plan under the Affordable Care Act. This is not a Medicare prescription drug plan. The Membership Discount Programs are made immediately available to OneShare Members by Careington.



Classic

Eligible Sharing Services*

	BASIC	ENHANCED	CROWN	
Telemedicine ¹ (Available Immediately)	\$0 Consult Fee	\$0 Consult Fee	\$0 Consult Fee	
Prescription Discount Program ¹ EnvisionRX		EnvisionRX	EnvisionRX	
Preventive Services and 1 Wellness Visit	100% Up to \$1,000	100% Up to \$1,000	100% Up to \$1,000	
Primary Care Physician	1 Per Program Year \$20 Visit Fee	3 Per Program Year \$20 Visit Fee	5 Per Program Year \$20 Visit Fee	
Urgent Care Facility 1 Per Program \$20 Visit Fo		1 Per Program Year \$20 Visit Fee	2 Per Program Year \$20 Visit Fee	
Specialists	Not Eligible	Not Eligible	\$75 Visit Fee	
Emergency Room	\$500 Visit Fee	\$500 Visit Fee	\$300 Visit Fee	
X-rays/Labs/Diagnostic	Eligible	Eligible	Eligible	
Hospitalization	Eligible	Eligible	Eligible	
In/Outpatient Surgery Life threatening emergency immediately available	180 day waiting period	180 day waiting period	90 day waiting period	
Maternity/Natural ³	Not Eligible	Not Eligible	\$5,000 Maximum Sharing	
Maximum Limit Per Incident ⁴	\$150,000	\$250,000	\$500,000	
Lifetime Sharing Maximum	\$1,000,000	\$1,000,000	\$1,000,000	

¹Telemedicine and the Prescription Discount Program is not owned or operated by OneShare Health, LLC. ²OB/GYN for well woman visit only. ³\$5,000 natural delivery, C-section \$8,000, Complications \$50,000. ⁴Optional \$500,000 Maximum Per Incident available. ^{*}Review membership guide for full details such as waiting periods, limitations, pre-existing condition limitations and ISA for all sharing services. Unless stated otherwise, there is a 90 day waiting period for any medical expenses, other than accidents, injuries, acute illnesses and immunizations. 24/24 Pre-Existing Limitations apply to sharing services.

MONTHLY CONTRIBUTION AMOUNT									
AGE	BASIC			ENHANCED		CROWN			
\$5,000 Ind	\$5,000 Individual Sharing Amount per program year								
Age Bands	Member	Member + 1	Family	Member	Member + 1	Family	Member	Member + 1	Family
18-29	\$203.43	\$344.22	\$442.77	\$252.71	\$365.34	\$506.12	\$287.90	\$400.53	\$555.40
30-39	\$250.38	\$423.65	\$544.94	\$311.03	\$449.64	\$622.91	\$354.34	\$492.95	\$683.56
40-49	\$281.68	\$476.61	\$613.06	\$349.90	\$505.85	\$700.78	\$398.63	\$554.58	\$769.00
50-59	\$312.97	\$529.56	\$681.18	\$388.78	\$562.06	\$778.65	\$442.93	\$616.20	\$854.45
60-64	\$375.56	\$635.47	\$817.41	\$466.53	\$674.47	\$934.37	\$531.51	\$739.44	\$1,025.33
\$7,500 Ind	lividual Sha	aring Amoun	t per progr	am year					
18-29	\$182.33	\$316.06	\$421.65	\$231.59	\$344.22	\$463.89	\$252.71	\$372.37	\$520.20
30-39	\$224.09	\$388.99	\$518.95	\$285.03	\$423.65	\$570.93	\$311.03	\$458.30	\$640.24
40-49	\$252.44	\$437.62	\$583.81	\$320.66	\$476.61	\$642.30	\$349.90	\$515.59	\$720.27
50-59	\$280.49	\$486.24	\$648.69	\$356.29	\$529.56	\$713.67	\$388.78	\$572.88	\$800.31
60-64	\$336.58	\$583.50	\$778.43	\$427.55	\$635.47	\$856.39	\$466.53	\$687.46	\$960.36
\$10,000 Individual Sharing Amount <i>per program year</i>									
18-29	\$154.17	\$280.86	\$386.45	\$189.35	\$316.06	\$414.61	\$224.55	\$388.52	\$456.85
30-39	\$189.73	\$345.68	\$475.63	\$233.05	\$388.99	\$510.29	\$276.36	\$423.65	\$562.27
40-49	\$213.44	\$388.88	\$535.08	\$262.19	\$437.62	\$574.07	\$310.92	\$476.61	\$632.56
50-59	\$237.17	\$432.10	\$594.54	\$291.31	\$486.24	\$637.86	\$345.47	\$529.56	\$702.83
60-64	\$284.60	\$518.52	\$713.45	\$349.58	\$583.50	\$765.42	\$414.56	\$635.47	\$843.40

\$125 One Time Application Fee applies. \$45 Annual administration fee is due on program anniversary. Additional Monthly Contribution Amount for the Optional \$500,000 Maximum Per Incident: Member, \$143 mo. Member + 1, \$253 mo. and Family, \$363 mo. Families of 6 or more, additional contribution amount of \$50 per dependent.

OneShare Health, LLC

100% Preventive Services-Up to \$1,000 Eligible for Sharing after a 90 Day Wait*





AGE AND GENDER APPROPRIATE- ADULTS

Alcohol Abuse Counseling	Folic Acid
Anemia Screening	Gestational Diabetes Screening
Bacteriuria Screening	Gonorrhea Screening
Blood Pressure Screening	Hematocrit/Hemoglobin
BRCA Counseling	Hepatitis B Screening
Breast Cancer Chemoprevention Counseling	HIV Screening
Breast Cancer Mammography	HPV Testing, every 3 years
Breast Feeding Counseling	Obesity Counseling
Cervical Cancer Screening	Prostate Exam
Chlamydia Infection Screening	PSA Test
Cholesterol Screening	Sexually Transmitted Infection Counseling
Colorectal Cancer Screening	Syphilis Screening
Contraception Counseling	Tobacco Cessation Counseling
Depression Screening	Type II Diabetes Screening
Diet Counseling	Well Woman Visit
Domestic Violence Screening	



CHILDREN

Alcohol, Tobacco and Drug Use Assessment	Hemoglobinopathies/Sickle Cell
Autism Screening	HIV Screening
Behavioral Assessment	Iron Screening
Blood Pressure Screening	Lead Screening
Cervical Dysplasia Screening	Obesity Counseling
Congenital Hypothyroidism Screening	Phenylketonuria Screening
Depression Screening	Sexually Transmitted Infection Counseling
Dyslipidemia Screening	Tuburculin Screening
Height, Weight, and BMI	Vision Screening (Lazy Eye)
Hematocrit/Hemoglobin	



IMMUNIZATIONS*

DtaP	Measles, Mumps, Rubella
Hemophilus	Meningococcal
Hepatitis A, B	Pneumococcal
Herpes Zoster (Shingles)	Rotavirus
Human Papillomavirus	Tetanus
Inactivated Poliovirus	Varicella (Chicken Pox)
Influenza, Influenza Type B	



^{*} Childhood Immunizations from birth to 24 months, as recommended by the American Academy of Pediatrics are Eligible for Sharing. There is no waiting period for immunizations.

General Notice for the following states: **Alabama** Code Title 22-6A-2, **Arizona** Statute 20-122, **Arkansas** Code 23-60-104.2, **Florida** Statute 624.1265, **Georgia** Statute 33-1-20, **Idaho** Statute 41-121, **Louisiana** Revised Statute Title 22-318,319, **Maine** Revised Statute Title 24-A, §704, sub-§3, **Michigan** Legislature §550.1867, **Mississippi** Code Title 83-77-1, **Nebraska** Revised Statute Chapter 44-311, **New Hampshire** §126-V:1, **North Carolina** Statute 58-49-12, **South Dakota** Statute Title 58-1-3.3, **Texas** Code Title 8, K, 1681.001, **Virginia** Code 38.2-6300-6301, **Washington** Revised Code 48.43.009, and **Wyoming** Statutes Title 26.1.104(a)(v)(C):

Notice: The organization facilitating the sharing of medical expenses is not an insurance company, and its product should never be considered insurance, and neither its guidelines nor plan of operation is an insurance policy. If you join this organization instead of purchasing health insurance, you will be considered uninsured. Whether anyone chooses to assist you with your medical bills will be totally voluntary because no other participant will be compelled by law to contribute toward your medical bills. As such, participation in the organization or a subscription to any of its documents should never be considered to be insurance. Regardless of whether you receive any payment for medical expenses or whether this organization continues to operate, you are always personally responsible for the payment of your own medical bills. This organization is not regulated by the State's Department of Insurance, though complaints concerning this Health Care Sharing Ministry may be reported to the office of the State Attorney General. You should review this organization's guidelines carefully to be sure you understand any limitations that may affect your personal medical and financial needs.

Specific Notice for the following States: **Indiana** Code 27-1-2.1, **Illinois** Statute 215-5/4-Class 1-b, **Missouri** Statute §376.1750 and **Wisconsin** Statute 600.01(1)(b)(9):

Notice: The organization facilitating the sharing of medical expenses is not an insurance company, and neither its guidelines nor its plan of operation is an insurance policy. Any assistance you receive with your medical bills will be totally voluntary. Neither the organization nor any other participant can be compelled by law to contribute toward your medical bills. As such, participation in the organization or a subscription to any of its documents should never be considered to be insurance. Whether or not you receive any payments for medical expenses and whether or not this organization continues to operate, you are always personally responsible for the payment of your own medical bills.

Kentucky Revised Statute 304.1-120(7):

NOTICE: UNDER KENTUCKY LAW, THE RELIGIOUS ORGANIZATION FACILITATING THE SHARING OF MEDICAL EXPENSES IS NOT AN INSURANCE COMPANY, AND ITS GUIDELINES, PLAN OF OPERATION, OR ANY OTHER DOCUMENT OF THE RELIGIOUS ORGANIZATION DO NOT CONSTITUTE OR CREATE AN INSURANCE POLICY. PARTICIPATION IN THE RELIGIOUS ORGANIZATION OR A SUBSCRIPTION TO ANY OF ITS DOCUMENTS SHALL NOT BE CONSIDERED INSURANCE. ANY ASSISTANCE YOU RECEIVE WITH YOUR MEDICAL BILLS WILL BE TOTALLY VOLUNTARY. NEITHER THE ORGANIZATION OR ANY PARTICIPANT SHALL BE COMPELLED BY LAW TO CONTRIBUTE TOWARD YOUR MEDICAL BILLS. WHETHER OR NOT YOU RECEIVE ANY PAYMENTS FOR MEDICAL EXPENSES, AND WHETHER OR NOT THIS ORGANIZATION CONTINUES TO OPERATE, YOU SHALL BE PERSONALLY RESPONSIBLE FOR THE PAYMENT OF YOUR MEDICAL BILLS.



OUR STATEMENT OF BELIEFS

WITH OUR ORIGINS IN THE ANABAPTIST FAITH:

We believe in the authority of Scripture and the sanctity and dignity of every human life created by God with special meaning and purpose.

Il Timothy 3:16; Psalm 139:13-14

We believe that every individual has the constitutional and religious right and duty to worship God in freedom. 2 Corinthians 3:17; U.S. Const. amend. I

We believe and agree in the biblical and ethical principle of sharing with those who are less fortunate and who experience medical needs.

Galatians 6:2

We believe and agree that it is our responsibility to God and our fellow members to engage in accountable, healthy living, and to avoid habits and behaviors which are harmful to the body.

1 Corinthians 6:19-20

We believe in the power of prayer to save lives, to heal lives, and to unite our members in a common purpose and community, and we believe that prayer should be a fundamental practice of daily life.

1 John 5:14; Philippians 4:6-7

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ONESHARE HEALTH, LLC (ONESHARE) IS NOT AN INSURANCE COMPANY BUT A RELIGIOUS HEALTH CARE SHARING MINISTRY (HCSM) THAT FACILITATES THE SHARING OF MEDICAL EXPENSES AMONG MEMBERS. As with all HCSMs under 26 USC § 5000A(d)(2)(B)(ii), OneShare's members are exempt from the ACA individual mandate. OneShare does not assume any legal risk or obligation for payment of member medical expenses. Neither OneShare nor its members guarantee or promise that medical bills will be paid or shared by the membership. Available nationwide, but please check www.onesharehealth.com/legal-notices for the most up to date state availability listing. THE DISCOUNT PLAN IS NOT INSURANCE and is not intended to replace health insurance and do not meet the minimum creditable coverage requirements under M.G.L. c.111M and 956 CMR 5.00. The programs are not Qualified Health Plans under the Affordable Care Act. This is not a Medicare prescription drug plan.

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